





## Breakfast March 2010 Lunch El Paso Gridley District #11



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrient Info
<b>1. Cereal &amp; Muffin</b>  Br. Pork on Bun Corn Fruit  S,K	<b>2. Fr. Toast Stix Sausage</b>  Mini Corn Dogs Green Beans Fruit & Brownie  K,M,P	<b>3. Cinnamon toast &amp; Scrambled Eggs</b>  Hamburger on Bun Hash Browns Fruit  K,S	<b>4. Pancakes Ham</b>   Popcorn Chicken Carrots and Dip Fruit Cutie Pie  K,M,P	<b>5. Cold Cereal Yogurt</b>  Cheese Pizza Peas Fruit  K,M,P	<b>Average Per Day</b>  Cal 679 Fat 17 Sat. Fat 7.3
<b>8. Cereal &amp; Muffin</b>  French Toast Stix Sausage Juice Fruit  K,M,P	<b>9. Fr. Toast Stix Sausage</b>  Turkey /Noodles Peas Fruit Cake  K,M,P	<b>10. Cinnamon Toast &amp; Scrambled Eggs</b>  Baked Chicken Mashed Potatoes & Gravy Fruit  K,M,P	<b>11. Pancakes Ham</b>  Hot Ham & Cheese on Bun Green Beans Choc c Cookie  K,M,P	<b>12. Cold Cereal Yogurt</b>  Fish Nuggets Corn & Salad Fruit  K,M,P	<b>Average Per Day</b>  Cal 744 Fat 19.5 Sat. Fat 6.6
<b>15. Cereal &amp; Muffin</b>  Hot Dogs on Bun Gr Beans Fruit  K,M,P	<b>16. Fr. Toast Stix Sausage</b>  Pancakes & Sausage Hash Browns Yogurt & Fruit  K,M,Mayo,P	<b>17. Cinnamon Toast &amp; Scrambled Eggs</b>  BBQ Pork Slider Gr Beans & Fruit  P 	<b>18. Pancakes Ham</b>  Chicken Dippers Corn Apple Crisp Fruit  S,K,M,P	<b>19. Cold Cereal Yogurt</b>  Cheese Pizza Peas & Fruit  P	<b>Average Per Day</b>  Cal 671 Fat 15.6 Sat. Fat 5
<b>22.</b>  <b>No School</b>	<b>23.</b>  <b>No School</b>	<b>24.</b>  <b>No School</b>	<b>25.</b>  <b>No School</b>	<b>26.</b>  <b>No School</b>	<b>Average Per Day</b>  Cal Fat Sat. Fat
<b>29. Cereal &amp; Muffin</b>  Chicken Patty on Bun Corn & Fruit  S,K,M,P	<b>30. Fr. Toast Stix Sausage</b>  Spaghetti w/ meat Baby Bosco Fruit Cutie Pie  K,M,P	<b>31. Cinnamon Toast &amp; Scrambled Eggs</b>  Cheeseburger on bun/ Gr Beans Fruit  K,M,P			<b>Average Per Day</b>  Cal 760 Fat 19 Sat. Fat 7.3

K-Ketchup M-Mustard Mayo L-Lettuce S&S-Sweet & Sour BBQ-BBQ Sauce P-Pickle S-Syrup